

Essence: Sweet children, you now have to return home. Therefore, forget your body and all your bodily relations and remember the one Father. This is the essence of the true Gita.

Question: What easy efforts do you children have to make?

Answer: Baba says: You children must remain in total silence. Only by remaining in silence will you be able to take your inheritance from the Father. You have to remember the Father and spin the world cycle. By having remembrance of Baba your sins will be absolved and your life-span will increase. By understanding the cycle you will become the rulers of the globe. These are the easy efforts you have to make.

Om shanti. The spiritual Father is once again explaining to you sweetest, spiritual children. He explains every day. You children understand that truly you are studying the knowledge of the Gita just like you did a cycle ago. However, it is not Krishna who teaches you. It is the Supreme Father, the Supreme Soul, who teaches you. Baba is now, once again, teaching you Raja Yoga. You are now listening *directly* to God. Everything for the people of Bharat depends upon the Gita. It is written in the Gita that the sacrificial fire of the knowledge of Rudra was created. This is a sacrificial fire as well as a pathshala. When Baba comes and relates the true Gita to us, we attain salvation. People do not understand this. You have to remember only Baba, the One who is the Bestower of Salvation for All. You have been studying the Gita, but because you didn't know the Creator or creation, you have been saying, "neti, neti" (it is neither this nor that). Only the true Father comes and relates the true Gita. These aspects have to be churned. Those who stay busy doing service will pay attention to this very well. Baba has said that the words, "The Ocean of Knowledge, the Purifier, the Bestower of the Knowledge of the Gita, the Supremely Loved, the Supreme Father, the Supreme Teacher, the Supreme Satguru, God Shiva speaks", should definitely be written on each picture. You must definitely write these words so that people are able to understand that only Trimurti Shiva, the Supreme Soul, and not Shri Krishna, is the God of the Gita. Take people's *opinions* on this subject. The Gita is the main scripture for us. Baba continues to give new *points* every day. You should not think: Why did Baba not tell us this before? It wasn't in the drama. You should draw out new *points* from Baba's murlis. People also write of the "*rise and fall*". In Hindi, you say "The rise and fall of Bharat". *Rise* means the construction of the *deity dynasty*, the establishment of *one hundred per cent purity, peace and prosperity*. Then, after half a cycle, there is the *fall*, the *fall* into the *devil dynasty*.

There is the *rise* and *construction* of the *deity dynasty*. Together with “*fall*”, you should write the word “*destruction*”. Everything for you depends on the Gita. Only Baba comes and relates the true Gita to you. Baba explains every day on this. You children are souls anyway. Baba says: Forget all the things to do with your body and consider yourself to be a soul. When a soul separates from his body, he forgets all his relatives. Therefore, Baba also says: You must forget all your bodily relatives. Consider yourself to be a soul, and remember Me, the Father! You now have to return home. For half a cycle, you have been doing so much bhakti etc. just in order to return home. No one in the golden age makes effort to return home. There, there is nothing but happiness. It is said: Everyone remembers God at the time of sorrow but no one remembers Him at the time of happiness. However, no one understands when there is happiness and when there is sorrow. All of our aspects are incognito. We are also the spiritual *military*, aren't we? We are Shiv Baba's Shakti Army. No one understands the meaning of this. They worship the deities so much, but they do not know their *biography*. They should at least know the *biography* of those they worship! The most elevated worship of all is that of Shiva. Then there are temples to Brahma, Vishnu and Shankar, then to Lakshmi and Narayan and then to Radhe and Krishna. There isn't anyone else. So many different names have been given to one Shiv Baba and so many temples have been built to him. The whole cycle is now in your intellect. There are main *actors* in a drama. However those dramas are limited whereas this drama is the unlimited drama. Who are the main ones in this drama? You know this. People say: Hey Rama, the world was never created! A scripture was also written based on this. They don't understand the meaning at all. Baba has taught you children very easy effort. The easiest effort is to remain in total silence. Only by remaining in silence can you claim your inheritance from Baba. You have to remember the Father. You also have to remember the world cycle. By having remembrance of Baba, your sins will be absolved and you will become free from all disease; your life-span will increase. By knowing the cycle you will become the rulers of the globe. At present, you are the masters of hell and then you will become the masters of heaven. Each one of you becomes a master of heaven, but there is also your status there to consider. To the extent that you make others similar to yourself, to that extent you will claim a high status. If you do not donate these imperishable jewels of knowledge, what would you receive in return? When someone is wealthy, it is said that he gave donations and performed charity in his previous birth. Children you now know that everyone commits sin in Ravan's kingdom. The most charitable souls are Shri Lakshmi and Shri Narayan. Yes, even you Brahmins are said to be elevated, because you elevate everyone else. That is the fruition. You mouth-born progeny of Brahma,

the decoration of the Brahmin clan, are performing this elevated task on the basis of shrimat. Brahma's name is the main one. People speak of Trimurti Brahma. You now need to say Trimurti Shiva in every aspect. It is said "Creation through Brahma" and "Destruction through Shankar". This is remembered, isn't it? They too even make a variety-form image but they neither show Shiva nor the Brahmins in that. You children also have to explain this. Even amongst yourselves, it is with difficulty that this sits in your intellect accurately. There are many *points*, aren't there? You can also call *topics*. You receive so many *topics*! You become deities from human beings, the masters of the world, by listening to the true Gita from God. This *topic* is very good, but you also need the wisdom to be able to explain it! Write these things *clearly* so that people can understand and ask about them. It is so easy! Each *point* of knowledge is worth hundreds of thousands of rupees, and you become so great through them. There are multimillions (*padam*) in every step you take. This is why deities are portrayed on a lotus-flower (*padam*). They have forgotten the name of you Brahmins, you mouth-born progeny of Brahma. Those brahmins keep the Gita under their arm. Now, you are the true Brahmins. You keep the truth under your arm, that is, in your intellect. They keep the Gita under their arm. Therefore, you should have the intoxication that you are creating heaven on the basis of shrimat and that Baba is teaching you Raja Yoga. You do not have any books. This simple *badge* is your true Gita. The picture of the Trimurti is also on this *badge*. The whole Gita is included in that; the whole Gita can be explained in a second from that. You can explain to anyone in a second with this *badge*. "This is your Father and by remembering Him your sins will be absolved." When travelling by *train*, or when walking, tell whomsoever you meet: I am giving you a Godly gift. If you understand it accurately this is what you will become. Everyone wants to go to the land of Krishna, don't they? You can do this through this study. The kingdom is established through this study. None of the other religious founders establish a kingdom. You know that you are studying Raja Yoga now for your future twenty-one births. It is such a good study! Simply study it for one hour every day! That's it! Those other studies are for four to five hours, but one hour is enough for this. The morning time is very good because everyone is *free* at that time. However, there are those who are in bondage and cannot come at that time, so they may come at another *time*. Always wear the *badge*! Wherever you go, continue to give this message. You cannot put the whole *badge* in the newspapers. You can only show one side of it. People are such that they would't understand it unless you explain it to them. It is very easy! Anyone can do this business. Achcha, even if you yourself do not remember Baba, at least remind others of Him. This too is good. Some tell others to become soul conscious, whereas they themselves

remain in body consciousness, and thereby perform one or another sinful action. First, storms enter the mind, and then they are put into action. Many storms will enter your mind. For that, you have to use your intellect. Never perform any bad actions. Only perform good actions. There are good thoughts and bad thoughts. You should stop bad thoughts. Baba has given you this intellect. No one else can understand these things. They continue to perform wrong actions. You now need to only perform right actions. By making good effort you perform right actions. Baba continues to explain everything very clearly.

Achcha. To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for Dharna:

1. Each and every imperishable jewel of knowledge is worth hundreds of thousands of rupees. By donating these you accumulate an income of multimillions at every step you take. Claim a high status by making others similar to yourself.
2. In order to stop yourself from performing sinful actions, make effort to remain soul conscious. Stop any bad thoughts from entering your mind. Only have good thoughts. Never perform a wrong action with the sense organs.

Blessing: *May you become an image of support and upliftment by giving accurate imperishible support to all souls.*

At the present time, there is one or another form of upheaval in all four corners of the world. In some place there is upheaval due to many types of mental *tensions*. In another place there is upheaval due to the tamopradhan atmosphere of nature. Temporary facilities are taking people towards the pyre of worries. Therefore, having become tired of temporary supports, attainments and various methods, everyone is searching for the true support. So you souls, the image of support and the image of upliftment, should give them the experience of elevated, imperishible attainments and accurate, imperishable support.

Slogan: *Imbibe the attitude of unlimited disinterest, then the waves of carelessness will finish.*